

SELF-STUDY TRAINING WORKSHEET

DATE:	
NAME(S):	
TITLE:	
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SOURCE: (Book, Article, Audio, Video, Workshop, Internet/Online, etc.)

- 1. Give a brief summary of what you read, listened to or viewed (including approximate amount of time spent.
- 2. What did you learn from this training?

3. How will this help you become a better foster/adoptive parent?

4. Would you recommend this training source to other foster/adoptive parents? Please explain.

Number of credit hours earned:	Credit to file:
(Two hours maximum can be credited per source)	

Main Office 3785 Veterans Dr. 231-946-8975

Harbor Springs Office Third Level Youth Services 3434 M-199, Suite F Traverse City, MI 49684 Harbor Springs, MI 49740 231-347-4463

231-922-4800 800-442-7315 (toll free 24/7)

YouthWork 5855 Cedar Run Rd. Traverse City, MI 49684 (231) 946-8975 ext. 1143

